



COLD CHRISTMAS TO GOOD EASTER



MARATHON

SUNDAY 10 JANUARY 2010

Organised by Springfield Striders Running Club



26.2 Miles trail run to finish within 7 hours. A new demanding scenic route from Cold Christmas (Herts.) to Good Easter (Essex). 90% off road. Written route description. Manned checkpoints with refreshments. Hot food at finish. Entry £10 (unattached £12) includes coach to the start. Start 9am. Coach leaves Good Easter at 8.15am. No entries on the day

Entry forms available from October 1st.

www.springfieldstriders.org.uk.

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